

Performance Coaching



Potential – Performance – Power

What IF everything you need to succeed is already within you?

At Inner Force we believe it is. With performance coaching we support you to unlock potential, inspire performance and achieve powerful results

Inner Force Coaching Program

Designed for motivated individuals ready to amplify their change leadership, to lead with clarity, confidence, and impact.

What is included

- 6 x 1 hour coaching sessions
- Self-assessment diagnostic
- Application of behavioural science and neuro subconscious methods
- Goal setting and action plans to drive Immediate clarity and momentum
- A coach who is invested in your success
- Digital chat and email support



**Thinking of a solution for your team?
Tailored coaching solutions can be
developed to meet your business
needs.**

What clients say

"I walked in with questions. I walked out with a roadmap, renewed energy, and a powerful sense of direction.

"Inner Force coaches bring a blend of strategic precision and insight, to support leaders to navigate complexity and ignite powerful changes"

Partnering with Inner Force Pty Ltd, Change Leadership Consulting is available as:

- **Project Duration Engagement:** Embedded support throughout all phases of the program
- **Fractional Resource:** Ongoing strategic change leadership capability as needed.